



Colonic Irrigation, Colon Hydrotherapy and Colon Cleanses. Includes facts, diet, health benefits, weight loss, cost, kits, procedures, natural cleansing, therapists and colon care.

By Donna Green

ROC Publishing, United Kingdom, 2013. Paperback. Book

Condition: New. 228 x 152 mm. Language: English . Brand New

Book ***** Print on Demand *****. What is the difference between

colonic irrigation, a colon cleanse and colon hydrotherapy?

Does colonic hydrotherapy lead to weight loss? Are there any

risks? What is the procedure for a colon cleanse? Where can I

find a trained colon therapist? How much does it cost? What are

the benefits? Did you know the first recorded use of enemas to

improve health has been traced to the ancient Egyptians? If you

are suffering from a range of conditions including irregular

bowels, depression, anxiety, irritable bowel syndrome, weight

gain, crohns or other intestinal symptoms then you may benefit

from improving the health of your colon. This book will answer

all your questions and more, helping you to fully understand the

workings of the digestive system, how it can be supported

naturally and when additional supportive care like colonic

irrigation might be necessary. Includes directory of qualified

colonic therapists in the U.K and U.S.A.



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This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Ally Reichel

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

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