



Love, Loss, and What We Ate : A Memoir

By Padma Lakshmi

Harper Collins, New Delhi, 2016. Hardcover. Book Condition: New. 24 cms. 325pp. Long before Padma Lakshmi ever stepped onto a television set, she learned that how we eat is an extension of how we love, how we comfort, how we forge a sense of home-and how we taste the world as we navigate our way through it. Shuttling between continents as a child, she lived a life of dislocation that would become habit as an adult, never quite at home in the world. And yet, through all her travels, her favorite food remained the simple rice she first ate sitting on the cool floor of her grandmother's kitchen in South India. Poignant and surprising, Love, Loss, and What We Ate is Lakshmi's extraordinary account of her journey from that humble kitchen, ruled by ferocious and unforgettable women, to the judges' table of Top Chef and beyond. It chronicles the fierce devotion of the remarkable people who shaped her along the way, from her headstrong mother who flouted conservative Indian convention to make a life in New York, to her Brahmin grandfather, a brilliant engineer with an irrepressible sweet tooth, to the man seemingly wrong for her in every way who proved to...



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