



NLP: The Essential Guide to Neuro-Linguistic Programming

By Tom Hoobyar, Tom Dotz, Susan Sanders

HarperCollins Publishers Inc. Paperback. Book Condition: new. BRAND NEW, NLP: The Essential Guide to Neuro-Linguistic Programming, Tom Hoobyar, Tom Dotz, Susan Sanders, NLP (Neuro-Linguistic Programming) has already helped millions of people overcome fears, increase confidence, enrich relationships, and achieve greater success. Now, from the company and training team behind NLP: The New Technology of Achievement, one of the bestselling NLP books of all time, comes "NLP: A Power User's Manual". Written by an NLP Master Practitioner and Training Coach, with an introduction from the President of NLP Comprehensive, "NLP: The Power User's Manual guides" users to peak performance in business and life, and gets specific results. In twelve illuminating sections, "NLP: A Power User's Manual" leads you through dozens of discoveries-revelations of NLP practice that enable you to explore your own personal thinking patterns, to manage them-and to transform them. Divided into two categories, "All About You" and "All About the Other Guy", these strategies offer a personal and interpersonal program that frees you to become better at managing your feelings instead of being dominated by them, managing your motivations, being less judgemental, more productive, more confident, more flexible, more persuasive, liked, and respected. Chapters on Personal Remodeling (Discovery 9:...

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