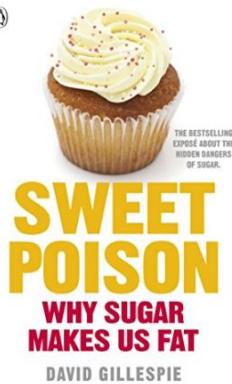


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SWEET POISON



Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Sweet Poison, David Gillespie, Understand and break your addiction to sugar with David Gillespie's Sweet Poison. David Gillespie was 6 stone overweight, lethargic and desperate to lose weight fast - but he'd failed every diet out there. When David cut sugar from his diet he immediately started to lose weight and - more amazingly - kept it off. Now slim and with new reserves of energy, David set out to investigate...

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- Authored by David Gillespie
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